

# Social Media Blocking Checklist

Follow these steps to confirm and resolve a potential First Amendment violation



STEP 1: Take photos or screenshots of the social media page that blocked you, including your posts if they are still visible or archived.



STEP 2: Use the “So you’ve been blocked on social media by a government official” flowchart to determine if your constitutional rights were violated.



STEP 3: Learn why blocking people on social media is unconstitutional and violates your First Amendment rights. Download and read the PDF: [Why Does Social Media Blocking Violate the First Amendment?](#) You can also read the national ACLU's recent blog post on this topic: ["Can a Government Official Block You on Twitter?"](#)



STEP 4: If the flowchart determines your rights were violated, contact the elected official via phone or email and asked to be unblocked (this low-key approach resolves 50% of complaints).



STEP 5: If you receive no response to the above request, download and personalize the ACLU of Arizona’s new DIY Demand Letter and send it to the elected official.

Please note that following these steps does not imply that the ACLU of Arizona is or would pursue legal action on your behalf or in any case.