Today’s students are experiencing record levels of depression and anxiety and many forms of trauma. School-based mental health providers — such as school counselors, social workers, psychologists, and nurses — are often the first to see children who are sick, stressed, traumatized, or have hurt themselves or others. These school-based mental health providers are critical resources for students. Their presence can result in positive outcomes for individual students and improve school safety generally.

### Mental Health Professionals in Arizona

**Recommended vs. Actual Student-to-Staff Ratios**

Unfortunately, data from the U.S. Department of Education’s Civil Rights Data Collection (CRDC) indicates that Arizona public schools face a critical shortage of school-based mental health providers. Our schools are falling short of providing even the most minimal of recommended levels of student support.

The glaring deficit of mental health staff in schools is inexcusable, especially given the growing use of law enforcement in schools. Despite the lack of evidence that increased police presence in schools improves school safety or student outcomes, data indicates that many Arizona schools prioritize law enforcement rather than mental health or social services.

| Mental Health Professionals in Arizona Schools: Recommended vs Actual Students-to-Staff Ratios |
|-------------------------------------------------|----------------------------------|
| Recommended Ratio                              | Actual AZ Ratio                  |
| Counselors                                      | 250:1                            | 758:1                            |
| Social Workers                                  | 250:1                            | 3382:1                           |
| Psychologists                                   | 700:1                            | 1593:1                           |
| Nurses                                          | 750:1                            | 1294:1                           |

Recommended ratios from national professional associations; Actual ratios from CRDC

Law enforcement presence may actually cause harm. When in schools, police officers do what they are trained to do — which is detain, handcuff, and arrest. This leads to greater student alienation and a more threatening school climate. This dangerous combination is a central reason that our most vulnerable students are being funneled into the school-to-prison pipeline.

- **33%** of Arizona students attend schools with police, yet **97%** of Arizona students are in schools that fail to meet the appropriate ratio of student-to-counselors.
- **A quarter (25%)** of students in Arizona attend schools that have police but lack either a counselor, social worker, psychologist and/or nurse.

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This pattern of criminalizing school children also results in students with disabilities and students of color being disproportionately sent into the criminal system.

- Black students in Arizona are more than two times as likely to be arrested as white students.
- Native American students in Arizona are more than three times as likely to be arrested as white students.
- Students with disabilities in Arizona are three times as likely to be arrested as students without disabilities.

There are, however, steps that can be taken to address these inequities and provide students with the supports they need.

**RECOMMENDATIONS**

- Increase funding for student support services, including mental health staffing and programming.
- Prioritize education funding for student support services over law enforcement.
- Ensure that all schools have at least the recommended staff-to-student ratios for each school-based mental health staff, including counselors, psychologists, social workers and nurses.
- Provide equal protection for students, ensuring that school discipline and law enforcement involvement is not administered unfairly or in ways that discriminate against students of color, students with disabilities, or others who may face disparate discipline (i.e., LGBTQ students).
- Ensure that law enforcement officers are provided with comprehensive and appropriate training on critical topics, such as child/adolescent development, implicit bias, and de-escalation tactics.
- End practices like school arrests and law enforcement referrals that criminalize youth for common adolescent behaviors, including misdemeanors like disorderly conduct.
- Adopt school codes of conduct that reject zero tolerance policies for more appropriate, child-centered responses to challenging behavior.

Read the full report for more information, including data on referrals to law enforcement, an in-depth analysis of disparities based on race, disability, and gender, and a full list of recommendations. [www.aclu.org/copsandnocounselors](http://www.aclu.org/copsandnocounselors).

**DATA AND METHODS**

Data come from the U.S. Department of Education’s Civil Rights Data Collection (CRDC), a biennial survey administered to public schools by the U.S. Department of Education’s Office for Civil Rights. Based on this data, 1,117,475 students were enrolled in Arizona public schools. This and related publications use CRDC data from the 2015-2016 school year, the most recent dataset available at the time of production. Full information about methodology and limitations can be found in full report at [www.aclu.org/copsandnocounselors](http://www.aclu.org/copsandnocounselors). More information about the CRDC can be found at [http://ocrdata.ed.gov](http://ocrdata.ed.gov).